

**LINTIA® FITNESS**

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**Food supplement with magnesium – with sweetener**

LINTIA Fitness is suitable for everybody who enjoys physical exercise, is very active and wants to perform at best level. Magnesium contributes to normal muscle function, to the maintenance of normal bones and to electrolyte balance.

Ingredients:

Sweetener: sorbitol, magnesium citrate (26%), magnesium oxide (25%), anti-caking agent: calcium salts of fatty acids, flavourings

Content:

20 sachets: 44 g

5 sachets: 11 g

Directions for use:

Take content of 1 sachet per day - directly without water.

Nutrients per sachet :

Magnesium: 375 mg (100 % NRV\*)

\*NRV=Nutrient Reference Value acc. to EU-regulation"

Please do not exceed the stated recommended daily dose. May have a laxative effect on sensitive persons or due to excessive consumption. Food supplements should not be used as a substitute for a varied, balanced diet and a healthy lifestyle. The product is not suitable for children. Store out of reach of young children.

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