

**LINTIA® BALANCE**

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**Food supplement with magnesium and B vitamins – with sweetener**

LINTIA Balance is suitable for everybody who knows extraordinary challenges as well as work under high tension and who wants to prepare the body for the daily requirements.

Magnesium, vitamin B1, vitamin B6 and vitamin B12 contribute to a normal psychological function. Combined with vitamin B2 they also support the normal functioning of the nervous system.

Ingredients

Sweetener: sorbitol, magnesium citrate, magnesium oxide, anti-caking agent: calcium salts of fatty acids and mono- and diglycerides of fatty acids, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamine mononitrate), flavourings, vitamin B12 (cyanocobalamin)

Content:

20 sachets: 39 g

5 sachets: 9,8 g

Directions for use:

Take content of 1 sachet per day - directly without water.

Nutrients per sachet :

Magnesium: 250 mg (67 % NRV\*)

Vitamin B1: 1,1 mg (100 %NRV\*)

Vitamin B2: 1,4 mg (100 %NRV\*)

Vitamin B6: 1,4 mg (100 %NRV\*)

Vitamin B12: 2,5 µg (100 % NRV\*)

\*NRV=Nutrient Reference Value acc. to EU-regulation

Please do not exceed the stated recommended daily dose. Excessive consumption may cause laxative effects. Food supplements should not be used as a substitute for a varied, balanced diet and a healthy lifestyle. Store out of reach of young children.

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